



NORTHWESTERN SNOWBIRDS: Hot Topics in Cardiovascular Medicine

March 29-30, 2019
Hyatt Coconut Point
Bonita Springs, Florida

SPONSORED BY

Bluhm Cardiovascular Institute
Northwestern University
Feinberg School of Medicine
Office of Continuing Medical Education

**THIS ACTIVITY HAS
BEEN APPROVED FOR**

10.75
AMA PRA CATEGORY 1 CREDITS™

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PROGRAM INFORMATION

This meeting will adopt an evidence-based, guideline-driven update of the critical domains in cardiovascular medicine. Our world-renowned faculty and guest speakers will deliver seminars on hypertension, prevention, heart failure, atrial fibrillation, diabetes and heart disease, valvular heart disease, and others. Significant new data and summaries will represent the platform for our discussions.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

1. Review updated standards of care for STEMI and N-STEMI
2. Discuss recent breakthrough therapies and contemporary treatment options for heart failure patients
3. Review the state-of-the-art therapy for heart failure with preserved ejection fraction
4. Discuss treatment options for advanced heart failure including medical therapies, mechanical circulatory support and heart transplantation
5. Discuss recent breakthrough therapies for infiltrative cardiomyopathies
6. Describe state-of-the-art percutaneous interventions for structural heart disease
7. Review the latest interventional therapies for pulmonary embolism and pulmonary hypertension
8. Discuss recent guidelines for heart valve surgery
9. Consider use of transcatheter versus aortic surgical therapies

TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of physicians, advanced practice providers, and allied health providers who care for patients with cardiovascular disease including those whose primary areas of practice are: cardiology, cardiovascular surgery, family practice, general practice, general surgery, hospital medicine, and/or internal medicine.

CONFERENCE LOCATION

This program will be held at the Hyatt Regency Coconut Point Resort and Spa and will be available for a special symposium rate of \$339.00 (single/double occupancy), plus applicable state and local taxes (currently 11%). The Hyatt Regency is located at 5001 Coconut Road, Bonita Springs, FL. To book your room, please contact the Hyatt directly at 239-444-1234.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURE

The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern for fair balance. The faculty disclosures will be indicated in the course syllabus.

SPECIAL NEEDS

The Northwestern University Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit a written request to the Office of CME at cme@northwestern.edu at least one month prior to the conference date.

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FACULTY

COURSE DIRECTORS

Charles J. Davidson, MD

Vice Chairman of Clinical Affairs,
Department of Medicine
Medical Director,
Bluhm Cardiovascular Institute
Clinical Chief, Division of Cardiology
Professor of Medicine
Northwestern University
Feinberg School of Medicine

Patrick M. McCarthy, MD

Executive Director,
Bluhm Cardiovascular Institute
Chief, Division of Cardiac Surgery
Heller-Sacks Professor of Surgery
Northwestern University
Feinberg School of Medicine

Daniel R. Schimmel, Jr., MD, MS

Assistant Professor of Medicine (Cardiology)
Northwestern University
Feinberg School of Medicine

Clyde W. Yancy, MD, MSc

Vice Dean, Diversity & Inclusion
Magerstadt Professor of Medicine
Professor of Medical Social Sciences
Chief, Division of Cardiology
Northwestern University
Feinberg School of Medicine
Associate Director
Bluhm Cardiovascular Institute
Northwestern Memorial Hospital

EXTERNAL SPEAKERS

Steven F. Bolling, MD

Professor of Cardiac Surgery
University of Michigan

Saibal Kar, MD

Director, Interventional Cardiac Research
Associate Professor, Medicine
Cesars-Sinai Medical Center

Patrick T. O'Gara, MD

Senior Physician
Brigham and Women's Hospital
Professor
Harvard Medical School

Douglas L. Packer, MD

Professor of Medicine
Consultant, Division of Heart Rhythm Services
Department of Cardiovascular Medicine
Mayo Clinic

Milton Packer, MD

Distinguished Scholar in Cardiovascular Science
Baylor University Medical Center

NORTHWESTERN UNIVERSITY FEINBERG SCHOOL OF MEDICINE FACULTY

Allen S. Anderson, MD

Professor of Medicine
(Cardiology)

Robert O. Bonow, MD

Vice Chair for Development and Innovation,
Department of Medicine
Max and Lilly Goldberg
Distinguished Professor of Cardiology

James L. Cox, MD

Professor of Surgery
(Cardiac Surgery)

Gyu I. Gang, MD

Health System Clinician of Surgery
(Cardiac Surgery)

Bradley P. Knight, MD

Chester C. and Deborah M. Cooley
Distinguished Professor of Cardiology

S. Chris Malaisrie, MD

Associate Professor of Surgery
(Cardiac Surgery)

Rod S. Passman, MD

Jules J. Reingold Professor of Electrophysiology
Professor of Medicine
(Cardiology) and
Preventive Medicine

Duc Thinh Pham, MD

Associate Professor of Surgery
(Cardiac Surgery)

Vera H. Rigolin, MD

Professor of Medicine
(Cardiology)

Sanjiv J. Shah, MD

Neil J. Stone, MD, Professor
Professor of Medicine
(Cardiology)

Ranya N. Sweis, MD

Associate Professor of Medicine
(Cardiology)

James D. Thomas, MD

Professor of Medicine
(Cardiology)

Jane E. Wilcox, MD, MSc

Assistant Professor of Medicine
(Cardiology)

AGENDA

THURSDAY, MARCH 28, 2019

6:00 pm **RECEPTION**

FRIDAY, MARCH 29, 2019

7:15 am **WELCOME**

SESSION I: AN OUNCE OF PREVENTION

MODERATORS: Vera H. Rigolin, MD; Clyde W. Yancy, MD, MSc

- 7:30 am **A Change of Heart: Prevention of Atrial Fibrillation**
Rod S. Passman, MD
- 7:50 am **A Grain of Salt: Heart Failure Prevention**
Clyde W. Yancy, MD, MSc
- 8:10 am **A Spoonful of Sugar: Cardiometabolic Syndrome Prevention**
Milton Packer, MD
- 8:30 am **Q&A Panel**
- 9:00 am **BREAK & EXHIBITS**

SESSION II: ARRHYTHMIAS

MODERATORS: Bradley P. Knight, MD; Patrick M. McCarthy, MD

- 9:15 am **The Epidemic of AF: Meds and Anticoagulants**
Rod S. Passman, MD
- 9:35 am **The Latest AF Ablation Trials**
Douglas L. Packer, MD
- 9:55 am **VT Ablation: The New Frontier**
Bradley P. Knight, MD
- 10:15 am **Q&A Panel**

SESSION III: A POUND OF CURE: CORONARY DISEASE 2019

MODERATORS: Charles J. Davidson, MD; Saibal Kar, MD

- 10:45 am **NSTEMI, STEMI, PCI, GDMT - Making Sense of Acronyms**
Patrick T. O'Gara, MD
- 11:00 am **Complex PCI: Latest Techniques and Technologies**
Ranya N. Sweis, MD
- 11:15 am **CAB vs PCI Arterial Grafts: Change the Debate**
Gyu I. Gang, MD
- 11:45 am **Q&A Panel**

LUNCH SESSION (NON-CME)

- 12:00 pm **LUNCH/BREAK**
- 12:20 pm **Artificial Intelligence Will Rock Our World!**
Randy Martin, MD
- 12:40 pm **BREAK & EXHIBITS**

SESSION IV: HEART FAILURE; PULMONARY HTN

MODERATORS: Allen S. Anderson, MD; Duc Thinh Pham, MD

- 1:00 pm **Heart Failure Guidelines**
Clyde W. Yancy, MD, MSc
- 1:20 pm **What Can We Do With Heart Failure and Preserved EF?**
Sanjiv J. Shah, MD

1:40 pm **Underappreciated Cardiomyopathies**
Jane E. Wilcox, MD, MSc

2:00 pm **How to Build a Pulmonary Embolism Response Program**
Daniel R. Schimmel, Jr., MD, MS

2:20 pm **Q & A Panel**

2:50 pm **BREAK & EXHIBITS**

SESSION IV: HEART FAILURE; PULMONARY HTN (CONTINUED)

MODERATORS: Patrick M. McCarthy, MD; Jane E. Wilcox, MD

- 3:10 pm **Heart Failure: Non Mechanical Advanced Therapies**
Allen S. Anderson, MD
- 3:30 pm **Acute and Chronic Mechanical Options**
Duc Thinh Pham, MD
- 3:50 pm **Critically Assessing Valvular Heart Disease: Tips and Pearls**
Vera H. Rigolin, MD
- 4:10 pm **Critical Imaging of Advanced Disease: Maintain an Even Strain**
James D. Thomas, MD
- 4:30 pm **Q&A Panel: Cases**
- 5:00 pm **NETWORKING RECEPTION**
with attendees and presenters

SATURDAY, MARCH 30, 2019

7:15 am **WELCOME**

SESSION V: VALVE DISEASE: HALFWAY THROUGH THE REVOLUTION

MODERATORS: Steven F. Bolling, MD; Robert O. Bonow, MD

- 7:30 am **Valve Disease Guidelines Update**
Robert O. Bonow, MD
- 7:50 am **Mitral Valve Surgery Rules!**
Patrick M. McCarthy, MD
- 8:10 am **Transcatheter Mitral Valve Will Rule!**
Saibal Kar, MD
- 8:30 am **Meds, Clip, Scalpel, or "Other" for Cardiomyopathy**
Steven F. Bolling, MD
- 8:50 am **SAVR or TAVR? Options and Trials**
S. Chris Malaisrie, MD
- 9:10 am **Advanced Transcatheter Valve Applications**
Charles J. Davidson, MD
- 9:30 am **Q&A Panel**
Moderator: James D. Thomas, MD
- 10:30 am **BREAK & EXHIBITS**

SESSION VI: COFFEE WITH THE LEGENDS (NON-CME)

MODERATORS: Charles J. Davidson, MD; Patrick M. McCarthy, MD; Clyde Yancy, MD, MSc


- 10:45 am **Speakers:**
Robert O. Bonow, MD; James L. Cox, MD; Patrick T. O'Gara, MD; Douglas L. Packer, MD; Milton Packer, MD
- 12:00 pm **WRAP-UP & SUMMARIES**

REGISTRATION

NORTHWESTERN SNOWBIRDS: Hot Topics in Cardiovascular Medicine

HOW TO REGISTER

 **ONLINE** - Please visit
www.cme.northwestern.edu

 **MAIL** - Mail the registration form
with a check made payable to
Northwestern University
Attn: Northwestern Snowbirds
251 East Huron Street
Feinberg 8-504
Chicago, Illinois 60611

REGISTRATION FEE

Physicians - \$475

Industry - \$475

Nurse/Allied Health Providers - \$350

Trainees - \$0*

*Must submit a letter on official program
letterhead signed by their current program
director to cvconferences@northwestern.edu
to receive this rate.

CANCELLATION POLICY

Cancellations must be made in writing to
cvconferences@northwestern.edu. The paid
registration fee, minus \$50, will be refunded if
cancellation is received by **February 15, 2019**.

QUESTIONS

Questions regarding registration should be
directed to Heather Munn at 312.926.6526 or
by email at cvconferences@northwestern.edu.
Registrations will not be accepted by telephone.

PLEASE TYPE OR PRINT

Last Name _____ First Name _____

MD DO PhD RN Other (please specify) _____

Institution _____

Address _____

City _____ State _____ ZIP Code _____

Daytime Phone _____ Fax _____

E-mail (Required) _____

Your registration confirmation will be e-mailed

Specialty _____

 Please indicate any special needs _____

Please indicate any dietary needs _____

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251 East Huron Street
Feinberg 8-504
Chicago, Illinois 60611

SAVE THE DATE!

12th Annual Women's Cardiovascular Health Symposium

May 3, 2019 | Chicago, Illinois

Nutrition Science: From Population to Plates

May 5, 2019 | Chicago, Illinois

8th Annual Chicago Cardiovascular Update

July 18-20, 2019 | Chicago, Illinois

4th Annual Advances in Pulmonary Hypertension

August 2, 2019 | Chicago, Illinois

(New!) Cast for A-Fib Symposium

August 16-17, 2019 | Chicago, Illinois

Cardiothoracic Nursing Symposium

September 5-6, 2019 | Chicago, Illinois

41st Annual Echo Northwestern

September 20-22, 2019 | Chicago, Illinois

6th Annual Chicago CSI

October 18-19, 2019 | Chicago, Illinois

15th Annual Heart Failure Holiday Symposium

December 6-7, 2019 | Chicago, Illinois

Northwestern Medicine® is the shared vision that joins Northwestern Memorial Health Care and Northwestern University Feinberg School of Medicine in a collaborative effort to transform medicine through quality healthcare, academic excellence, and scientific discovery.

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